

EFFECTIVE LEADERSHIP

The effective leadership programme for young professionals 100% ONLINE !

RESEARCH REVEALS 75% OF LEADERS HAVE FOUR ACTION LOGIC IN THE WAY THEY INTERPRET AND REACT TO THE ENVIRONMENT: CENTRED ON THE EXPERTISE, THE GOALS, THE PEOPLE AND THE OPPORTUNITIES.

The objective of this programme is to learn to emulate the functional behaviours of the four leadership skills proved to be effective in today's changing business situations: concern for quality, achievement orientation, social skills and intuitive decision making. The effective leader must develop these competencies converting them into habits

Nevertheless, nobody is so flexible to be 100% adaptive. Personal growth follows the process of self-discovery and the recognition of our limits. Effective leaders put their energy into what motivates them and in parallel, compensate their limits by complementing themselves with the team. Embracing a effective leadership style guarantees a better quality of management, more motivated teams, better results and greater effectiveness in adapting to each business contexts.

LEARN AND COMBINE THE EXPERT, EFFECTIVE, SOCIAL AND VISIONARY LEADERSHIP STYLES

1

SELF-DISCOVERY

You will discover how your behaviour affects your relationships and why.

3

SELF-DEVELOPMENT

You will repeat good relationship practices until they become habits.

2

SELF-ACCEPTANCE

You will identify your positive behaviours, value them and learn to develop them.

TWO OPTIONS:

INDIVIDUALS:
100% online.

COMPANIES:
face-to-face feedback.



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- 12 weeks / 3 months
- 7 feedback sessions
- 7 exercises
- 1 action plan

SELF-DISCOVERY

Previous session of introduction to understand the programme.



- 1 - I identify my values and how they influence me on a day-to-day basis.
- 2 - I recognise the associated emotions to my values and how they generate automatic reactions.
- 3 - I identify my profile of distinctive qualities and its positive behaviours.

SELF-ACCEPTANCE

Previous session to identify the driver of my character.



- 4 - Lifeline. The narration of the critical moments of emotional impact, and their influence on my development as a person.
- 5 - Reframing. Separate the actors (my interlocutor and I) consciously from the elements (relationship and content).

SELF-DEVELOPMENT

Previous session to monitor the programme.



- 6 - Unlocking. Role-playing to develop the skills that my driver blocks, imagining how other alternative personalities would act.
- 7 - Reinforcement. By intentionally repeating those behaviours that I want to incorporate, I will convert them into habits.

Final session to define the action plan and closure.